

Norovirus - key steps to help stop the spread of infection

Steps

- Vomiting and diarrhoea can be very infectious. Norovirus can spread quickly in care settings and make other people very ill.
- If you're experiencing symptoms, try to avoid contact with others and stay at home until 48 hours after your symptoms have stopped.
- Keeping your hands clean is key to stopping the spread of infection.
- Hand rub alone doesn't kill norovirus - wash your hands often and thoroughly with soap and water.
- Increased cleaning of frequently touched surfaces, and in areas such as toilets can help to stop the spread of infection.



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Prevention and Control Manual