

Is a Central Venous Catheter (CVC) clinically indicated for this patient?

When inserting a CVC ensure that

The environment is suitable for undertaking an aseptic procedure, free from non-essential items and has adequate lighting and privacy

CVC type and site selection has been clinically assessed

Any re-usable equipment (e.g. procedure trolley) is prepared prior to insertion and has been decontaminated appropriately as per NIPCM

All aseptic procedural equipment is inspected for product integrity, cleanliness and within the expiry date

Surgical hand antisepsis (surgical scrub) is performed immediately before donning maximal sterile barrier precautions (i.e. headwear, FRSM, sterile gown and sterile gloves)

A sterile body drape is applied and aseptic technique is maintained throughout the procedure

A single use skin antiseptic containing 2% chlorhexidine in 70% isopropyl alcohol* is used to cleanse the skin and allowed to dry according to manufacturer's instructions

A sterile transparent, semi-permeable dressing is used to cover the catheter insertion site. The site should remain visible**

When maintaining an inserted CVC ensure that

The clinical need for the CVC is reviewed and recorded at least daily and prior to access

Standard aseptic technique is used for maintenance of CVCs including dressing changes

Sterile gloves are worn to conduct dressing changes and any contact with key parts/critical sites. A single-use apron is worn during procedures where there is a risk of exposure to blood and/or body fluids

The CVC dressing (where clinically indicated) is assessed visually, at least daily and prior to use of the CVC

A single use skin antiseptic containing 2% chlorhexidine in 70% isopropyl alcohol is used to clean the insertion site prior to dressing changes and used to clean the access hub – “scrub the hub” for 15 seconds. Allow to dry according to manufacturer's instructions

The dressing is changed immediately, if visibly soiled, loose or skin integrity is compromised. For all semi-permeable transparent dressings and for chlorhexidine based dressings this should be within the last 7 days

The CVC is removed when clinically indicated (i.e. there are signs of inflammation or when no longer required). A sterile semi transparent dressing is in place and assessed for adverse reactions until fully healed